

# Bethesda House B00-gie Dance A Thon

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Registration Packet



## **BETHESDA HOUSE BOO-GIE**

Bethesda House is a non-profit organization offering help and hope to those who seek to escape domestic violence. October is Domestic Violence Awareness Month. Here is an excerpt from the proclamation of the President of the United States on National Domestic Violence Awareness Month 2014: "Domestic violence affects every American. It harms our communities, weakens the foundation of our Nation, and hurts those we love most. It is an affront to our basic decency and humanity, and it must end. During National Domestic Violence Awareness Month, we acknowledge the progress made in reducing these shameful crimes, embrace the basic human right to be free from violence and abuse, and recognize that more work remains until every individual is able to live free from fear." (NRCDV, 2014). Thank you for taking a stand against domestic violence and helping raise money to help those who seek to escape domestic violence.



Here are the key elements of the Bethesda House BOO-gie. For full details please read the Bethesda House BOO-gie Rules and Regulations in the attached registration packet.

### **WHERE & WHEN?**

Saturday, October 31, 2015 – 12PM-5PM

On-site registration begins at 10AM

LBWCC MacArthur Campus Conference Center—Opp, AL

*ALL Registration Packets must be submitted by October 16, 2015 to guarantee a t-shirt. \*Limited Space\**

### **WHO IS ELIGIBLE?**

Students

- Ages 12-17 (Must have at least one adult over 18 per group of 6)

Adults

- Come and join the fun!!!

### **OTHER DETAILS!**

- Cost is \$15/participant; \$10/student, \$5/costume contest
- All participants must turn in a pledge sheet (and registration sheet if not pre-registered) during registration time; if the participant is under 18 a permission slip from parent or guardian.
- All donations are 100% tax-deductible (63-1087397) and Bethesda House will send a receipt of donation for tax-related purposes.
- Raffle tickets available for prizes day of event at \$1/each. Each participant gets 1 raffle ticket. Raffle prizes distributed throughout event.
- There will be 10-minute rest breaks between each hour.
- Water and pizza provided complimentary for participants. Additional snacks and beverages will be available for purchase at the event.
- Costume Contest is optional. \$5/person to enter. Vote held at end of Bethesda House BOO-gie.
- **\*MUST BE PRESENT TO WIN COSTUME CONTEST AND RAFFLE PRIZES\***

**To guarantee a t-shirt, the attached registration form & safety waiver must be turned in by October 16, 2015. Pledge form and ALL donations received will be collected day of Bethesda House BOO-gie. Drop-off locations for forms are: Andalusia Regional Hospital and Opp Police Station.**

Should you have any questions or desire further information, please feel free to email Chelsea Roberts at [Chelsea.Roberts@LPNT.net](mailto:Chelsea.Roberts@LPNT.net) or visit us on Facebook at: [www.facebook.com/Bethesda-House](http://www.facebook.com/Bethesda-House)

## Rules and Regulations

1. Dancer Classifications:
  - a. Team: There is no limit to the number of members that can sign up on any one team. Must be 2 or more.
  - b. Individual: Dancers can register as an individual.
2. Who can dance? :
  - a. Students over the age of 12
    - i. Participants under the age of 18 are allowed to dance, but cannot dance as an individual. There must be at least one chaperone per 6 participants under the age of 18. **Media release must be signed by the dancer's parent or guardian, if under the age of 18.**
  - b. Community members
    - i. **All dancers must fill out registration form, pledge form, and media release found in the registration packet.**
3. Fundraising Requirements:
  - a. Each dancer must pay a registration fee of \$15 (\$10 for students and participants under 18).
  - b. Each dancer is encouraged to raise money using the pledge sheet in the registration packet but it is NOT mandatory to raise additional money participate in Bethesda House BOO-gie. Any donations received may go toward the cost of registration and costume contest fees.
  - c. All fundraising money must be turned in no later than on-site registration on 10/31/15.
4. Dancing Requirements:
  - a. Bethesda House BOO-gie will begin on October 31, 2015 at 12:00 PM and ends at 5:00 PM on October 31, 2015.
    - i. **Registration packets are due by 10/16/15 to guarantee participant receives a shirt. Day of Bethesda House BOO-gie, registration starts at 10:00 AM.**
    - ii. **All participants must be registered by 11:30 AM to participate.**
    - iii. During this time dancers will be required to stand. There will be no sitting for the duration of Bethesda House BOO-gie **except when on a break. Leaning on the walls or tables is not permitted.** Dancers should always keep moving, or at least sway from side to side. No hands or knees should touch the floor. Feet should remain on the floor unless stretching.
    - iv. Dancers can arrive as early as 10:00 AM on October 31, 2015 for registration. All dancers must arrive by 11:00 AM.
    - v. Dancers will be required to stay in costume if they come dressed for the costume contest. Dancers cannot change into a costume once Bethesda House BOO-gie has begun.
    - vi. 10 minute breaks will be issued at the end of every hour during the 5 hour period.
    - vii. No outside food or drink will be permitted in the multipurpose room unless approved before Bethesda House BOO-gie for dietary reasons.

- viii. Food and water will be provided for all participants. There will be a small concession booth available for participants to purchase extra during breaks.
  - ix. **The use of alcohol and drugs is NOT permitted throughout the entire event. ANY individual found in violation of this rule will be denied access to Bethesda Boogie and removed from the premises.**
  - x. Participants must document any medical conditions or medications with the staff that would inhibit a dancer's ability to participate in an event of this type. A doctor's note permitting a dancer with a serious medical condition to participate is also required. All dancers must sign a waiver removing Bethesda House Board and LBWCC from any responsibility due to an injury during this event.
5. Overall Regulations:
- a. Participants must respect the authority of the Bethesda House Board, Police, and all staff/volunteers for the Bethesda House BOO-gie. These entities have the power to stop any activity deemed negative or inappropriate during the event. Participants may be dismissed or reprimanded at the discretion of the event staff.
  - b. If there is an emergency or anyone is in need of assistance please notify Bethesda House BOO-gie event staff or police.
  - c. **The use of alcohol or drugs is prohibited throughout the entire event. ANY individual found in violation of this rule will be removed from the premises.**
  - d. **Fighting among participants is strictly prohibited. The event staff will remove those who choose to engage in this activity.**



Saturday, October 31, 2015 –10AM to 5PM  
 LBWCC MacArthur Conference Center— Opp, AL  
 All proceeds go to benefit: Bethesda House

# Pledge Form

Participant Name

Phone

Address

City

State

Zip

Please support me at the Bethesda House BOO-gie which will help provide Bethesda House an opportunity to offer help and hope to those who seek to escape domestic violence

My goal is to raise \_\_\_\_\_, with a minimum amount of \$15.00 for the Dance A Thon on October 31, 2015 at LBWCC.

Please be sure to include everyone’s name and address. Bethesda House will mail all friends a receipt of donation for tax-related purposes. Bethesda House is a 501(c)(3) organization. All donations are 100% tax-deductible. (63-1087397

	<b>Pledge</b> \$5, \$10, \$15, \$20, Other	<b>Method of Payment</b> (cash or check)	<b>Friend’s Name &amp; Address</b> Full name, street, city, state, zip	<b>Total Donation</b>
<b>1</b>				
<b>2</b>				
<b>3</b>				
<b>4</b>				
<b>5</b>				
<b>6</b>				
<b>7</b>				
<b>8</b>				
<b>9</b>				
<b>10</b>				

Thank you for your support!

If you have additional sponsors, please use the back of the page. All participants must return a signed pledge sheet and total funds on October 31, 2015. Please make checks payable to “Bethesda House”.

Participant Signature & Date

Parent/Guardian Signature & Date

# Registration

Participant's Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M \_\_\_ F \_\_\_ T \_\_\_  
T-Shirt Size: Small Medium Large XL 2XL Other: \_\_\_\_\_

Parent(s)/Guardian's Name: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

In case of emergency, and a parent/guardian cannot be contacted, the event organizer is authorized to contact others as indicated below in the order listed.

Name (friend/relative): \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Name (friend/relative): \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Will you be bringing any medications to the event? \_\_\_\_\_  
If "Yes", medicine must be given to an adult chaperone at the event with instructions.

## Participant Code of Conduct

1. Refrain from the use or possession of alcohol, drugs, or tobacco.
2. Refrain from any form of hazing of fellow participants.
3. Refrain from the use of foul language.
4. Maintain high standards of conduct as a student and as a citizen.

## Waiver

In consideration of the acceptance of this entry, I hereby, for myself and my heirs, executors, and administrators, waive any and all rights, claims for damages I may have against Bethesda House, the event organizers, all event sponsors, and all individuals associated with the event. None of the above are responsible for the loss of personal items, or any form of aggravation in connection with event. I understand that I must be in good physical health to participate and do not hold event organizers liable for any problems associated with my physical condition. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions. We agree that the participant Rules & Regulations in the Bethesda House BOO-gie are important to the safety and well-being of all participants. We agree to abide by these Rules & Regulations and the terms of participation and to conduct ourselves accordingly.

\_\_\_\_\_  
Student/Participant Name & Date

\_\_\_\_\_  
Parent/Guardian Name & Date

**Please return your registration form by October 16, 2015 to guarantee a t-shirt.**  
**Registration form drop off spots are: Andalusia Regional Hospital, Opp Police Station, or mail it in to:**  
**Bethesda House PO Box 397, Andalusia, AL 36420.**  
**Please e-mail or call Chelsea Roberts if you have any questions.**  
**[Chelsea.Roberts@LPNT.net](mailto:Chelsea.Roberts@LPNT.net)**  
**(334)428-7087**